

Private Hire Shopping and Errands



The following is a list of some of the companies/organizations in Winnipeg that provide a variety of services including, shopping, errands, housework, laundry, and yard work. Fees vary depending on the company as well as the services you are requesting. Please contact the company directly to ask about prices. **Please note:** The following companies are not necessarily endorsed by your Occupational Therapist or the WRHA. This is not an exhaustive list.

Community Seniors Resource Councils

Services Offered: Contact the Seniors Resource Council closest to you for a list of available support services including personal shopping (clothing, shoes, medications, groceries, etc). Please call the location nearest you for further details. This is not an exhaustive list.

<u>Winnipeg Senior Resource Councils</u>	<u>Phone #</u>
Aboriginal Senior Resource Centre	204-586-4595
Assiniboine South Area	204-478-6169
Downtown (East)	204-803-8329
Downtown (West)/Broadway	204-772-3533
Fort Garry Area	204-792-1913
Keewatin/Inkster Area	204-774-3085
Middlechurch Home of Winnipeg (East and West St. Paul)	204-336-4126
Point Douglas	204-792-2920
River East	204-667-6812
River Heights	204-478-6169
Seven Oaks	204-612-3888
South Winnipeg	204-478-6169
St. James/Assiniboia	204-987-8850, ext. 108
St. Vital and St. Boniface Area	204-254-1010, ext. 217 204-793-1054 (for French Services)

Transcona	204-222-9879
Conseil des Francophones 55+ (Serving Winnipeg's French population)	204-793-1054

For more information and further resources for seniors in Winnipeg:
<https://www.aosupportservices.ca/resources/>

Heart and Home Services

Services: Grocery shopping, prescription pick-up/delivery, laundry, home organization/de-cluttering, gardening, pet services, companionship, appointment accompaniments, holiday preparation, house check-ins, phone call reminders, and more.

Address: 773 Spruce Street

Phone: 204-417-9396

Website: heartandhomeservices@gmail.com

Go-Getter Errand Services

Services: Moving, furniture assembly, delivery services

Address: 165 Ryan Street

Phone: 204-228-3260

Email: info@gogetter.ca

Website: www.gogetter.ca



Done and Done Services

Services: Attending appointments, errands, respite care, companionship, meal prep, escorted shopping

Phone: 204-792-2095

Email: hello@doneanddone.ca

Website: <http://www.doneanddone.ca/>

Right at Home Care

Services: Companionship, errands, transportation, homemaking, personal care, specialized care

Phone: 204-900-8621

Website: <https://www.rightathomecanada.com/winnipeg>

